



## LA MARINA

C E I | C A E R N A R F O N

## NIBBLES

<b>Chorizo (GF)</b>	7.00
<i>Pan fried chorizo cooked in cider &amp; honey</i>	
<b>Olives (GF, Vg)</b>	4.95
<i>Pitted olives with red pepper, garlic &amp; gherkins</i>	
<b>Vegetable Spring Rolls (V)</b>	6.50
<i>Carrot, onion &amp; cabbage rolls with a sweet ginger soy dip</i>	
<b>Warm Bread &amp; Oil (Vg)</b>	4.00
<i>Warm diced bread with oil &amp; balsamic</i>	
<b>Calamari</b>	7.00
<i>Crispy calamari tossed in salt &amp; pepper, chilli &amp; spring onions with lime mayo</i>	
<b>Gambas al ajillo</b>	9.95
<i>King prawns in garlic, olive oil &amp; paprika with bread</i>	
<b>Mussels</b>	Small 9.95 Large 14.00
<i>Mussels in a white wine garlic cream sauce with toasted bread</i>	

## FILLED FLATBREAD

*Oven baked filled flatbread sandwich served with side salad, crisps and coleslaw*

<b>Salt &amp; Pepper Chicken</b>	10.95
<i>Salt &amp; pepper coated chicken with Cajun mayo, rocket &amp; red onion</i>	
<b>Poached Salmon</b>	10.95
<i>Poached salmon in lemon and chive mayo with rocket</i>	
<b>Cheese &amp; Red Onion (V)</b>	8.95
<b>Barbecue Pulled Pork</b>	10.95

## BELLY PORK

<b>Soy &amp; Chilli (GFO)</b>	8.95
<i>Soy sauce, chillies &amp; spring onion</i>	
<b>Teriyaki Honey</b>	8.95
<i>Sweet teriyaki with sesame sprinkles</i>	
<b>Maple Barbecue</b>	8.95
<i>Sweet &amp; sticky maple BBQ sauce &amp; spring onion</i>	
<b>Pineapple &amp; Coriander Salsa</b>	8.95
<i>Pineapple, coriander, red onion and chillies salsa</i>	

## TACOS

<b>Crispy beef Tacos</b>	11.95
<i>Crispy beef in flour tortillas, mixed leaf, sour cream &amp; chive, salsa verde.</i>	
<b>Salt &amp; Pepper chicken</b>	11.95
<i>Salt &amp; Pepper chicken, mixed leaf, cajun mayo, chillies</i>	
<b>Halloumi Tacos (V)</b>	11.95
<i>Crispy halloumi strips in flour tortillas, mixed leaf, sour cream &amp; chive, salsa verde.</i>	
<b>Vegan sticky Cauliflower (Vg)</b>	11.95
<i>Crispy seasoned Cauliflower, beansprout salad, dressed in spicy sticky pineapple sauce, sesame.</i>	
<b>Trio of Tacos</b>	15.95
<i>Can't choose? Pick any 3 to share</i>	

## SALADS

<b>Mixed leaf salad (V)</b>	7.95
<i>Mixed leaf salad, red onion &amp; peppers, french dressing, croutons, crumbled feta</i>	
<b>Halloumi Salad (V)</b>	10.95
<i>Crispy halloumi with mixed leaf, red onion, mixed peppers, pineapple gochujang dressing and croutons</i>	
<b>Crispy beef Salad</b>	11.95
<i>Crispy beef in</i>	
<b>Sticky Korean Cauliflower (Vg)</b>	11.50
<i>Crispy breaded cauliflower bites drizzled in sticky pineapple gochujang sauce, beansprout salad &amp; sesame</i>	
<b>Shredded Duck Salad</b>	11.50
<i>Shredded aromatic duck with pak choi, mixed leaf, red onion, cucumber, hoisin dressing &amp; sesame</i>	

ASK US ABOUT OUR BOTTOMLESS  
BRUNCH MENU

SERVED DAILY 12-2.30 £34.95

## FLATBREAD

*9 inch flatbread baked with the following toppings*

<b>Garlic &amp; Mozzarella (V)</b>	8.95
<i>Slow roasted garlic &amp; mozzarella cheese</i>	
<b>Hoisin Duck</b>	9.50
<i>Hoisin base topped with aromatic shredded duck, mozzarella, cucumber &amp; spring onion</i>	
<b>Spicy chorizo</b>	9.50
<i>Spicy tomato sauce base, topped with chorizo, rocket, Parmesan shavings &amp; balsamic</i>	
<b>Garlic, honey feta &amp; rocket (V)</b>	8.95
<i>Slow roasted garlic, honey, feta and rocket</i>	

## POTATO DISHES

<b>Salt &amp; Pepper Chips (Vg, GFO)</b>	4.50
<i>Chips tossed in salt &amp; pepper seasoning, drizzled with soy sauce, topped with chilli and spring onion</i>	
<b>Garlic chips (VgO, GF)</b>	4.50
<i>Chips drizzled with garlic oil, topped with garlic and chive mayonnaise</i>	
<b>Patatas Bravas (Vg, GF)</b>	5.00
<i>Patatas Bravas topped with herby tomato sauce</i>	

## KIDS

*choose from the following served with chips:*

<b>Welsh Pork Sausages, Chicken Bites,</b>	
<b>Halloumi sticks (V), Fishfingers</b>	6.50

## DESSERTS

<b>Warm chocolate fudge cake</b>	7.50
<i>Warm chocolate fudge cake, vanilla ice cream</i>	
<b>Sticky toffee pudding</b>	7.50
<i>Sticky toffee pudding, caramel, vanilla ice cream</i>	
<b>Lemon Cheesecake</b>	7.50
<i>Baked lemon cheesecake, raspberry coulis</i>	
<b>Coconut and lime crème brûlée</b>	8.50
<i>Coconut and lime crème brûlée with tuiles</i>	

Please let a member of the team know if you have any allergies.

WWW.LAMARINACEI.CO.UK

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